



## EDI ACTIVITY

# PARTICIPATE IN THE WORKSHOP ON MICROAGGRESSIONS IN THE WORKPLACE

### WEDNESDAY, DECEMBER 7, 2022 12:00 - 1:30 pm

The CGCC, COPL, INTRIQ, QCAM and RQMP are joining forces to offer a series of workshops aimed at better integrating the principles of equity, diversity and inclusion within research teams.

As the first workshop, we invite you on December 7th from 12:00 to 1:30 pm to the conference on microaggressions in the workplace. The conference will be held online and in the form of a workshop at participating institutions.

This training is offered by URELLES, a diversity and inclusion consulting firm, and promotes an approach based on exchanges between peers to foster structural change and thus develop a more inclusive culture.



To reserve your place in this free workshop, fill out the form:



**HURRY, PLACES ARE LIMITED!**

As this workshop takes place during the lunch hour, we encourage you to bring your lunch in the room reserved for this purpose.

## The workshop will be offered concurrently at the following locations: :

### Montreal

Concordia University  
Loyola Campus  
SP Building, S185-11  
(Entrance to the room is from S185-07)  
7141 Sherbrooke Street West, Montreal, QC, H4B 2A7

McGill University  
McConnell Engineering Building,  
Room 603  
3480 de l'Université Street, Montreal, QC, H3A 0E9

Polytechnique Montreal  
Main Building  
Room A480  
2500 Chemin de Polytechnique, Montreal, QC, H3T 1J4

ÉTS Montreal  
Room confirmation to come  
1100 Notre Dame Street W, Montreal, QC, H3C 1K3

Université de Montréal  
MIL - Complexe des sciences  
Room B2416  
1375 Thérèse-Lavoie-Roux Ave, Montreal, QC, H2V 0B3

UQAM  
Chemistry and Biochemistry Pavilion  
Room CBR-450  
2101 Jeanne-Mance Street, Montreal, QC H2X 2J6

INRS - EMT  
Room confirmation to come  
1650, Lionel-Boulet Bd. Varennes, QC, J3X 1P7

### Quebec

Université Laval  
Photonics Optics Pavilion  
Room 2128  
2375 de la Terrasse Street, Quebec City, QC, G1V 0A6

### Sherbrooke

Université de Sherbrooke  
Faculty of Science  
Room D3-2041  
2500 University Bd, Sherbrooke, QC, J1K 2R1

### Trois-Rivieres

Université du Québec à Trois-Rivières  
Room confirmation to come  
3351 Bd des Forges, Trois-Rivières, QC, G8Z 4M

### About this workshop

Despite efforts to embrace diversity, equity and inclusion, members of minority groups continue to experience bias, inequities, microaggressions, and discriminatory experiences in the workplace. Taking place in the day-to-day, these experiences are correlated to decreased satisfaction, burnout and depression, work disengagement, higher turn over and other health and social issues. More inclusive workplaces are instead associated with greater satisfaction and retention, improved engagement, higher sense of belonging and increased innovation. In this presentation, we provide a comprehensive look at what microaggressions are and their impacts. It also looks at the role and accountability of the ecosystem and its members in the face of microaggressions, as well as strategies that can be deployed at the individual and organizational levels.

